

Welcome!

Please complete the initial intake form and diet diary prior to our first visit together. Please record what you eat and drink for one week on the 7-day diet. It is important that you fill out the forms completely and accurately so that our first meeting can be as effective as possible. Please bring it with you to your first visit.

During your first visit we will discuss your health concerns. Naturopathic recommendations that we may make include any combination of diet therapy, lifestyle changes, herbs, homeopathic remedies, or nutritional supplements. Subsequent visits will be booked, as necessary, to review your progress and make appropriate changes to your treatment program.

Fees for Naturopathic Services are based on \$50 per ½ an hour.

Adult Initial Naturopathic Visit (1.5 hour)	\$210
Initial Naturopathic Visit (1 hour)	\$160
Return visit after absence of 12 months or more (1 hour)	\$160
Adult Follow up Naturopathic Visits (45 min)	\$98
Child Initial Visit (varies from 45 min. to 1.5 hr)	\$75-\$150
Follow up Naturopathic Visits (30 min)	\$65
Acute Naturopathic Visit (15 minutes)	\$35

Missed appointments without one business day notice \$40

All telephone consults of more than 5 minutes duration \$20

Fees and Services are subject to change.

For patients with extensive records, we may require a 1.5 hour initial visit.

We are not set up to bill insurance because naturopathic medicine is not yet licensed in New York State. Please contact your insurance company to see if your Health Savings Account or Flex Spending Account may be used for supplements.

Any recommended supplements are not included in the above fees. These can usually be purchased at the clinic dispensary. Every effort has been made to ensure that all products are of the highest quality and of reasonable cost.

Payment Methods

We accept Cash, Check (payable to Dr. Laura Sleggs), Credit card and Debit. Payment for your appointment is required at the end of each visit. A \$30.00 charge will be applied for all returned checks.

Cancellation Policy

Please ensure to give at least one to two business day cancellation notice. This will allow for consideration of other patients who would also like to schedule an appointment. Failure to give one business day notice will result in a charge of \$40.00.

Clinic hours of operation

Monday 9:00 a.m. – 5:00 p.m. Lakeville
Tuesday 9:00 a.m. – 5:00 p.m. Rochester
Wednesday 9:00 am – 5:00 p.m. Lakeville
Thursday 9:00 a.m. – 5:00 p.m. Lakeville

Lakeville Office
3517 Thomas Dr. Suite 4
Lakeville, NY 14480

Rochester Office
2425 Clover St.
Rochester, NY 14618

I look forward to working with you for your improved health now and into the future.

Sincerely,
Dr. Laura Sleggs, ND

www.DrLauraND.com

| 607-661-5497

| drlauraoffice@gmail.com