

Welcome!

Please complete the initial intake form prior to our first visit together, either online through Acuity Scheduling when you schedule online, or print the intake form and bring it with you to the appointment. It is important that you fill out the forms completely and accurately so that our first meeting can be as effective as possible.

During your first visit we will discuss your health concerns. Naturopathic recommendations that we may make include any combination of diet therapy, lifestyle changes, herbs, homeopathic remedies, or nutritional supplements. Subsequent visits will be booked, as necessary, to review your progress and make appropriate changes to your treatment program.

Fees for Naturopathic Services.

Impact Visit 15 min - \$50 reserved for acute concerns such as an ear infection or cold  
Impact Visit 30 min - \$99  
Impact Visit 45 min - \$149  
Impact Visit extended 1 hour - \$199  
Initial 1 hour - \$219 - for less complex concerns  
Premium Initial New Patient Appointment 1.5 hour - \$299 - for more chronic, complex concerns

Missed appointments without two business day's notice \$40  
Fees and Services are subject to change.

Insurance does not cover naturopathic medicine in New York State. Please contact your provider to see if your Health Savings Account or Flex Spending Account may be used for Supplements or the appointment.

Any recommended supplements are not included in the above fees. These can usually be purchased at the clinic dispensary. Every effort has been made to ensure that all products are of the highest quality and of reasonable cost. Patients receive 10% off all products.

Payment Methods

We accept Cash, Check (payable to Dr. Laura Sleggs), Credit card and Debit. Payment for your appointment is required at the end of each visit. A \$30.00 charge will be applied for all returned checks.

Cancellation Policy

Please ensure to give at least one to two business day cancellation notice. This will allow for consideration of other patients who would also like to schedule an appointment. Failure to give one business day notice will result in a charge of \$40.00.

Clinic hours - we have outdoor pick up boxes for supplements outside of office hours

Monday 9:00 a.m. – 3:00 p.m. Lakeville  
Tuesday 9:00 a.m. – 5:00 p.m. Rochester  
Wednesday 9:00 am – 5:00 p.m. Lakeville  
Thursday 9:00 a.m. – 3:00 p.m. Rochester

Lakeville Office  
5940 Big Tree Rd.  
Lakeville, NY 14480

Rochester Office  
749 East Henrietta Rd.  
Rochester, NY 14623

I look forward to working with you for your improved health now and into the future.

Sincerely,

Dr. Laura Sleggs, ND

[www.DrLauraND.com](http://www.DrLauraND.com) | 607-661-5497 | [drlauraoffice@gmail.com](mailto:drlauraoffice@gmail.com)